
Sex in the Media

Session 10:

Sex in the Media

Goals

- Analyze how media influences our cultural ideals about sex, relationships and sexuality

Objectives

At the end of this session, students will be able to:

- Articulate how mass media influences our perceptions of ourselves and our relationships
- Provide 2 examples of popular songs that provide positive or negative messages about sexual health

SEX, LOVE AND ROCK & ROLL

Name _____ Period _____ Date _____

Directions: Choose a song that has a message about sex, love or relationships and attach a copy of the lyrics to this worksheet. Read the lyrics carefully and think about the messages in the song and how listeners may interpret them. Then, please answer the following questions in complete sentences.

Title of Song _____

Artist _____

1) What are some messages in this song? What do they say about sex, love, relationships, men & women, etc.?

2) Do you think the messages in this song have an overall healthy or unhealthy view of sex, love, relationships, men & women, etc.? Why?

3) How do you think these messages might affect teens who listen to this song?

Find one positive message within the song.

Write out the lyric below:	What does this lyric mean to you?

Find one negative message within the song.

Write out the lyric below:	What does this lyric mean to you?

Now let's do the work 😊 If your song had a negative message (above), rewrite it to make it positive. Write your new lyric below:

After completing your song analysis, answer the following questions to reflect:

-What kind of music do I normally listen to?

-Do the lyrics or the artists I listen to affect me or my actions in any way?

-How can I be a more conscious consumer of music and media?

-Am I able to listen to music differently now?